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Parents' Brit Milah Checklist

Shopping list

- A loaf of Challah for the motzi (on Passover, of course, substitute Matzoh)
- Kosher sweet red wine or dark grape juice for the baby
- Hibiclens or Betadine
- A fresh tube of triple antibiotic ointment (please check expiration date)
- A fresh tube of Vaseline.
- One small box of sterile cotton balls.
- Three dozen individually wrapped 3x3 or 4x4 sterile gauze pads.
- At least 6 cloth diapers (to drape over baby's genitals during the ceremony)
- 2-3 disposable diapers (for the ceremony)
- If you plan on using cloth diapers, 1-2 weeks supply of disposable diapers (for the baby during recovery)

Instructions for the day of the bris

- Try to relax
- The infant must be healthy
- Feed your baby within 1.5 to 3 hours prior to the bris
- The baby should finish eating at least 60 minutes prior to the bris
- The baby should be dressed in a simple gown with a disposable diaper and cotton receiving blanket
- Try to relax

Ceremonial setup

- A sturdy waist-high table (e.g. bridge or square table – the more stable, the better) with a decorative cloth (the decorative tablecloth may be white or pale blue).
- One chair (Elijah) with a pillow on it.
- A small table with the following items on it:
 - Kiddush cup filled two thirds full with the Kosher wine or grape juice (You do not need to have the wine bottle on the table).
 - Bottle of either formula or sugar water
 - Two candle holders with candles and matches
- A garbage bag (wastebasket with plastic liner) under one of the tables.
- Two spare disposable diapers and a box of baby wipes.
- A bright light shining onto the sturdy table, preferably suspended above or set up beside it.
- A cotton receiving blanket.
- 5 individually wrapped sterile gauze pads.
- A fresh tube of Vaseline.
- Honors page (completely filled out)
- Lots of Kippahs (kipot/yarmulkes) for your guests.
- The Challah / Matzoh for the motzi prior to the meal

Pre-ceremonial exam setup

- A separate room to do the pre-examination of the child. This room must have the following:
 - A closeable door.
 - A small table with a chair in front of it. This table should allow one person to stand behind it to hold the baby.
 - A bright light shining onto the table.
 - A diaper, baby wipes, and a receiving blanket on the table.

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- A garbage bag under the table.
- A soother (pacifier) on the table.